Main

Pan fried Monkfish, Black Rice, Caribbean Curry, Green Veg £26

Beer Battered Fish & Chips, Tartar, Crushed Peas, Lemon £18.95

Atlantic Prawn Linguine, Tossed in a Creamy White Wine Sauce, Sun Blushed Tomatoes, Fresh Spinach & Basil Pesto, Parmesan Cheese with Garlic Sourdough £19.95

Chicken Chorizo Carbonara, Garlic Bread £18.50

The Gables Chicken Curry with Mushrooms, Onions in a Mild Curry Sauce, White Rice ($\frac{1}{2}$ & $\frac{1}{2}$ £2.50) £17.95

Pan Fried Chicken Breast, Pepper Sauce, Champ, Tobacco Onions £17.50

The Gables Maryland, Bacon Jam, Stuffed Chicken Roulade, Sweet Corn Puree, Banana Bon Bons, Pineapple Fritter, Red Wine Jus, Choice of Side £22.50 (Allow 15 minutes cooking time)

Lamb Shank, 8 Hour Slow Cooked, Honey Roasted Vegetables, Colcannon, Red Wine Jus
£21.95

Food allergies or intolerances – Please speak to a member of our team. Thank you